

# INSTRUCTIONS ON THE CONDUCT, APPEARANCE, WEARING UNIFORMS, AND COMPONENTS OF CLOTHING OF SZCZECIN MARITIME UNIVERSITY STUDENTS

## §1

Basic recommendations on the clothing and appearance to be followed by students of the Maritime University of Szczecin (MUS) include:

- 1) aesthetic appearance;
- 2) carefully chosen clothes;
- 3) elegance combined with modesty and simplicity;
- 4) personal hygiene;
- 5) clothes adjusted to:
  - a. the role filled,
  - b. circumstances,
  - c. climate,
  - d. time of day and season of the year,
  - e. age,
  - f. build.

## §2

In contacts with fellow students and MUS staff, students are obliged to follow the principles of ethics, standards of social life, and to behave with dignity, courtesy and politeness.

## §3

Students should respect their mother tongue, speak avoiding abusive or profane language at all times, at the premises of the Maritime University of Szczecin in particular.

## §4

It is strictly prohibited to bring, keep, trade, possess and use drugs or any other narcotic substances at the premises of the Maritime University of Szczecin and on board its training ship throughout the entire course of study. In relation to students who do not comply with this policy, strict disciplinary sanctions will be drawn, including expulsion from the University.

## §5

Students staying at the University premises cannot act in a manner considered as sexual harassment and draw interest in their sexuality by their behaviour or clothes.

## §6

MUS students who receive a uniform have the right and duty to wear the uniform and insignia according to the models set in Annexes 1 and 2 to Order No 41 of Minister of Shipping as of 15 June 1973 on model uniforms and insignia for pupils and students and models of uniforms and insignia of maritime universities subject to the Minister of Shipping.

## §7

Model uniforms for MUS students:

The uniform:

- 1) A battle dress jacket, without epaulets, navy blue, with a collar, buttoned with seven 13 mm buttons, two pockets with flaps and single buttons. Sleeves are finished with buttoned cuffs.
- 2) A navy coat made of polyester/wool fabric, navy blue, double breasted, with four 25-mm buttons down each forefront. The coat has one inside pocket with a flap on each hip.
- 3) Navy trousers made of polyester/wool fabric, navy blue, without cuffs, one inside pocket on each side, one back pocket on the right-hand side.
- 4) A navy blue skirt made of polyester/wool fabric, straight, with a box pleat at the back, length 10 cm above or down to the knees.
- 5) A peaked cap, polyester/wool, navy blue with a white band and a black varnished peak (visor), and a black crepe ribbon on the band. A strip 12 mm wide is attached above the visor by two 13 mm buttons. The cap also has the University emblem placed on a black baize pad.
- 6) A female navy hat of polyester/wool fabric, navy blue. A white crepe ribbon on the band. A large University emblem on a black pad is attached to the hat.
- 7) A white shirt with short or long sleeves.
- 8) A black or navy blue tie.
- 9) A military style jumper, round or V-neck, navy blue. A black military jumper is also allowed.
- 10) Plain black socks.
- 11) Female wearer's tone, undecorated and seamless tights or stockings.

12) Black classical suit style shoes.

13) Black female shoes, low-heeled.

## §8

Specimens of insignia worn by MUS students:

- 1) An embroidered golden emblem, 62 mm x 54 mm, on a black baize pad.
- 2) A black tab, 4 cm wide and 10 cm long, with rounded top and bottom edges. The tab has a Faculty badge on top, under which the number of golden stripes indicates the year of study.
- 3) The tab is made of black baize, and has rounded top and bottom edges. The embroidered word SZCZECIN is of golden color.
- 4) Navy blue epaulets of polyester/wool fabric with a Faculty badge and the year of study indicating stripes.

The tabs are placed on the left-hand sleeve of the coat. The tab with the word SZCZECIN placed 3-4 cm below the upper edge of the sleeve, the tab marking a Faculty and year 5-7 cm below.

## §9

The rules for wearing uniforms by MUS students:

- 1) uniform components must not be worn together with items of casual clothes or other country uniform components;
- 2) it is not allowed to roll up the sleeves or put up the collar of the coat or jacket;
- 3) it is not allowed to wear an unbuttoned coat or jacket outside buildings;
- 4) it is not allowed to keep hands in the pockets;
- 5) epaulets must be worn with the uniform components described in §7, excluding points 1 and 2: short sleeved shirt without a tie, or long-sleeved shirt and a tie;
- 6) Students are advised to wear an overcoat or winter jacket that suits the uniform;
- 7) It is recommended to carry a briefcase or bag of dark, toned colour. Backpacks and bright colour bags should be avoided.
- 8) Tights or stockings other than those recommended are not allowed; tattoos should be covered with opaque tights or stockings;
- 9) face piercing is not allowed;

- 10) excessive jewellery is not allowed;
- 11) very long fingernails are not allowed;
- 12) fingernails cannot be polished in bright colours;
- 13) male students should have hair, moustache, beard neatly trimmed and short;
- 14) A female student wearing a uniform should have short hair (authorized hairstyle: smooth bun, ponytail, braid); loose hair should be tucked behind the ears;
- 15) flashy makeup is not allowed.

#### §10

MUS students who are not obliged to wear uniforms are exempt from provisions of §7 - §9. This provision is not applicable to those students who wear epaulets.

#### §11

MUS students, not obliged to wear the uniform, involved in the education process, should comply with the following rules:

It is not allowed to wear:

- 1) clothes with visible texts, slogans, emblems violating ethic principles etc.;
- 2) clothes made of transparent or bright materials;
- 3) blouses, shirts, skirts and dresses that do not cover the back and the belly;
- 4) beach type dresses, strapped pieces of clothing;
- 5) male or female shorts.

It is recommended to avoid:

- 1) clothes and accessories that may be perceived as extravagant;
- 2) skirts and dresses with high cuts;
- 3) skirts and dresses shorter than 10 cm above the knees;
- 4) sleeveless blouses, or blouses with large cleavage, with uncovered arms, back or belly;
- 5) slippers, plastic shoes, clogs etc. ;
- 6) body and face piercings, visible tattoos;
- 7) excessive jewellery;

- 8) very long fingernails;
- 9) fingernails polished in bright colours;
- 10) flashy makeup.
- 11) Hair should be clean and neatly groomed.

## §12

Academic staff and other personnel of the Maritime University of Szczecin are obliged to respond to all cases of non-compliance with the rules of conduct or appearance by MUS students.