ACADEMIC SPORT AZS SPORT SECTIONS AT MUS 2021/2022

| W. Ju | ROWING | MONDAY 17.30-19.00 WEDNESDAY 17.30-19.00 | GYM MUS H. Pobożnego street |
|--------------|---------------------------------------|--|--|
| | SWIMMING | TUESDAY 18.55-21.10 THURSDAY 18.55-21.10 | SWIMMING POOL MUS Starzyńskiego street |
| " (" | WEIGHT LIFTING | TUESDAY 17.15-19.30 THURSDAY 16.30-18.45 | GYM MUS Henryka Pobożnego str. |
| # | FUTSAL | THURSDAY 19.00-20.30 | Building School Team Unisławy street |
| | MEN'S BASKETBALL | MONDAY 18.30-20.00 WEDNESDAY 20.00-21.30 | GYM Wały Chrobrego street |
| | WOMEN'S VOLLEYBALL | TUESDAY 17.00-18.30 THURSDAY 18.30-20.00 | GYM Wały Chrobrego street |
| Á | INTERVAL TRAINING, TABATA TRAINING | TUESDAY 17.30-19.00 THURSDAY 17.30-19.00 | FITNESS ROOM Starzyńskiego street |
| | MEN'S VOLLEYBALL | TUESDAY 18.30-20.00 THURSDAY 17.00-18.30 | GYM Wały Chrobrego street |
| | KARATE AND SELF DEFENCE | MONDAY 18.30-20.00 WEDNESDAY 18.30-20.00 SATURDAY 9.00-10.30 | FITNESS ROOM (Swimming pool) FITNESS ROOM (Swimming pool) GYM Wały Chrobrego |
| * | SKIING | INFORMATION AT SWFIS | Szpindlerowy Młyn |
| | BADMINTON | MONDAY 17.00-18.30 WEDNESDAY 18.30-20.00 FRIDAY 15.45-17.15 | GYM Wały Chrobrego street |
| <u>*</u> | TARGET SHOOTING | MONDAY 19.00-20.30 THURSDAY 19.00-20.30 | SHOOTING RANGE Wały Chrobrego street |
| | SAILING | INFORMATION AT SWFIS | SWIMMING POOL MUS |
| | TENNIS TABLE | WEDNESDAY 18.30 – 20.00 | GYM Wały Chrobrego street |
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Academic Sports Association (AZS)

CONTACT:

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FB: AZS Akademia Morska w Szczecinie
Address: MUS Swimming Pool, room 11

9a Starzyńskiego street (next to the PASAT Dormitory)

To join the sports club you need to buy special insurance (basic variant 75PLN/year) – this gives you an AZS ID card and allows joining any of the above sections.